

GLIMPSES

e-NEWSLETTER OF MEMON MEDICAL INSTITUTE HOSPITAL

April - June | 2016



Memon Medical Institute Hospital

A project of Memon Health & Education Foundation

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Heat Wave Campaign

MMIH is Extending Commitments of Love & Care

MMIH greatly appreciates Federal Government, Provincial Government of Sindh, Karachi Administration, media and all others for their remarkable contribution in creating public awareness about Heat Stroke and its prevention during this summer.

MMIH also launched a massive public awareness campaign and playing an active role in helping the surrounding community, at large. Awareness material in very simple languages (both English & Urdu) was prepared and distributed among various nearby localities. Educative banners were placed at the prominent spots in the nearby localities.

Our staff has been committed to serve the patients and the hospital was on emergency alert to handle the influx of the patients. The hospital was in close coordination with the local administration and confident that any emergency situation would be managed properly. While one cannot stop natural disasters one can prepare themselves with knowledge to save many precious lives.



Nursing Day

Memon Medical Institute Hospital celebrated International Nursing Day. There were several speakers on the occasion; Ms. Salma Jaffer, Director Nursing - AKUH, Ms. Layla Rahim, Manager Nursing - Tabba Heart Institute, Ms. Shamsa Samani, Director Nursing - Patel Hospital. Ms. Khairunnissa Hooda, Business Manager - ER at AKUH, Mr. Sohail Habib, Chief Executive Officer - MMIH and Dr. Rizwan Azami Medical Director - MMIH.

Mr. Sohail Habib, CEO - MMIH addressed the audience and said that nurses are always at the forefront of healthcare. They should use their skills for the betterment of patients by delivering the quality, perceived by the patients. Dr. Rizwan Azami, MD - MMIH emphasized the importance of being a good human being, which is the fundamental principal to become a successful professional. Patients want nurses to be caring and it is the responsibility of the nurses to maintain good and close relationship with the patients. The event was organized by Marketing and Nursing Departments of MMIH.



Diabetics & Ramadan

Memon Medical Institute Hospital initiated several programs to create awareness about health issues and to persuade the common person towards taking a proactive approach to their problems.

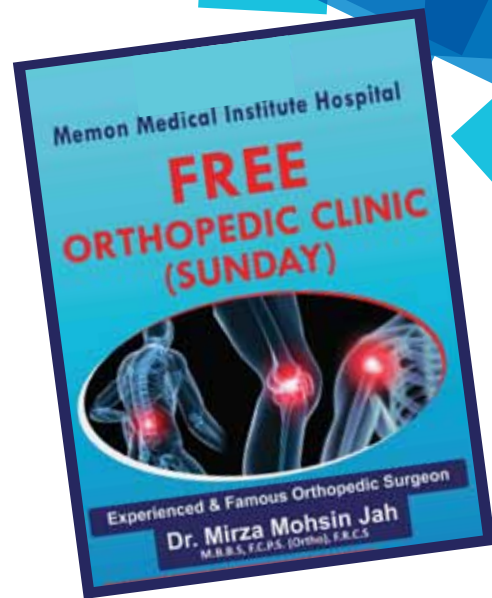
In continuation of this commitment, a seminar on "Diabetics & Ramadan" was organized on Sunday June 5th 2016 at Rangoonwala Community Center, Karachi. The seminar was organized jointly by MMIH & Dhoraji Youth Services Foundation.

It was a comprehensive seminar in which renowned and experienced Dialectologist Dr. M. Ashraf Ebrahim & Ms. Yasmeen Anis (Dietician) delivered very useful presentations about Diabetics & Ramadan. Dr. M. Ashraf Ebrahim explained the rationale of Diabetic management during fasting and about the preferred diets. He also replied to the questions from the audience during the Q&A session. The session was attended by Mr. Khalid Tabba, Mr. Reyaz Dhib, Mr. Abdul Qadir Buksh and other trustees of MMIH. During the session, free checkup for the diabetic patients was provided by Dr. Jawed Sattar of MMIH. Free blood sugar test, cholesterol and Hepatitis C were also performed.



Orthopedic Camp

MMIH organized free Orthopedic Clinics in May 2016 on four consecutive Sundays. Experienced and famous orthopedic Consultant, Dr. Mirza Mohsin Jah examined the patients and provided consultancy. During the camp, patients were provided free checkup of Deformities / Joint contractures, Diabetic Foot, Joint issues, Post fractures complications, spinal deformities and hand checkups. There was a tremendous response and appreciation from the patients on all four Sundays of the camp. The efforts of MMIH for organizing this useful medical camp exclusively for the patients suffering from orthopedic issues were greatly appreciated.



Free Medical Camp with Institute of Behavioral Sciences (IBS)

MMIH in collaboration with Dr. Abdul Qadeer Khan Centre-Institute of Behavioral Sciences (IBS) organized a medical camp at MMIH on April 16th 2016. The objective of the medical camp was to provide free checkup to patients and to identify their problems. The event comprised of a presentation about the diseases, free OPD checkup for psychiatric patients and services stall for Clinical Psychology and Occupational Therapy. Different locations for different specialties were setup where patients discussed their problems with the consultants in a comfortable manner.



Condolence

We lost a dear friend and colleague – Mr. Mohammad Akbar (Librarian)

We are deeply saddened by the untimely death of our colleague, Mr. Mohammad Akbar, librarian of MMIH.

The entire institution has been distressed because of loss of such a wonderful person and caring colleague. It is hard to imagine that he is no more with us. It is a difficult time for his family (wife and small child), our thoughts and prayers are with them.



Training Session on Occupational Safety & Health

The General Support Services department of MMIH organized a training and orientation session on Occupational Safety & Health. The training session was held to emphasize the importance of safety - a top priority and to educate the management about the importance of safety.

Manager GSS of MMIH delivered a comprehensive presentation about Occupational Safety & Health and explained that safety at the workplace is important factor. It is even more important in a hospital environment where lot of people (patients) cannot move on their own. Therefore, in order to provide a comprehensively safe atmosphere, staff must be educated using these interactive sessions to enhance their skills.



A working session on "Process Improvement"

A working session on "Process Improvement" was organized by Quality Assurance & Marketing department on 3rd June, 2016. The session was specially attended by Mr. Sohail Habib, CEO – MMIH, Dr. Rizwan Azami, MD – MMIH and the head of clinical and non-clinical departments.

A presentation on "Process Improvement" was delivered by Dr. Iftikharuddin, General Manager Quality Assurance. The attendees were divided into four groups. Each group was assigned with a topic on process Improvement; release of information, admission process, first assessment of patient by doctor and chemotherapy protocol. The group task was to chalk out the process flow on their respective topics.



List of Consultants

Speciality	Consultant Name	Days	Timing
General Surgery + Urology	Dr Muhammad Tufail Bawa F.R.C.S	Monday to Friday	3:00pm to 4:30pm
General Surgery	Dr.Rizwan Azmi M.B.B.S,M.C.P.S, F.C.P.S(Surgery)	Mon, Wed, Fri	1:00pm to 3:00pm
	Dr.Tanveer Ur Rehman M.B.B.S, F.R.C.S Fellowship (Trauma Surgery)	Mon, Tues, Wed Fri, Sat	10:30am to 12:30pm
General + Breast Surgery	Dr.Salma Khan MBBS, FCPS(Gen Surg)	Monday Wed,Thurs,Fri,Sat	10:00am to 1:00pm
Urology	Dr.Anila Jamshed M.B.B.S,F.C.P.S	Monday & Friday	5:30pm to 6:30pm
General Medicine	Dr.Nadeem Ahmed Siddiqui M.B.B.S American Diplomate	Monday to Friday	10:30am to 12:30pm
	Dr.Sana Shoab M.B.B.S.F.C.P.S	Tues, Thur, Fri & Sat	10:30am to 12:00pm
	Dr. Deedar Ali (M.B.B.S, M.D, F.C.P.S)	Mon, Tues, Wed & Thurs Sat Monday to Friday	10:00am to 12:00am 2:00pm to 5:00pm 6:00pm to 8:00pm
	Dr.Syed Tufail Khizar M.B.B.S,M.R.C.P (U.K),M.R.C.P.S(Glasgow)	Monday, Friday	7:30pm to 8:30pm
	Dr. Saima Mangi (MBBS, FCPS)	Monday to Thursday	11:00am to 1:00pm
Family Medicine	Dr. Syeda Nusrat Abbas (M.B.B.S)	Monday to Saturday	9:00am to 11:00am
Cardiothoracic Surgery	Dr.Syed Taimur Asif (MBBS,FCPS), (Cardiac Surgery) Adult+Pediatric	Mon, Wed, Fri	5:00pm to 7:00pm
Paediatrics	Dr. Professor Ghaffar Billo M.B.B.S, D.CH, M.R.CP, DTM&H, FR.CP.	Tuesday	10:00am to 2:00pm
	Dr.Anila Haroon M.B.B.S,D.C.H, F.C.P.S Fellowship (Neonatology)	Mon,Wed,Thurs Fri & Sat	10:30am to 3:30pm
	Dr. Muhammad Amir (M.B.B.S.D.CH.U.K)	Monday to Saturday	7:00pm to 8:00pm
	Dr.Fareeduddin M.B.B.S,D.C.H,M.C.P.S.F.C.P.S.	Monday to Saturday Sunday	5:00pm to 6:00pm 11:00am to 12:00pm
Peads Surgery	Dr. Raees Hussain M.B.B.S, F.C.P.S	Mon, Wed, Fri	2:00pm to 4:00 pm

Speciality	Consultant Name	Days	Timing
OBS/Gynae	Dr.Fauzia Safi M.B.B.S,F.C.P.S.	Wed & Sat	9:00am to 10:30am
	Dr.Kiran Riaz Arain M.B.B.S, F.C.P.S	Mon-Wed-Fri Sunday	6:30pm to 8:00pm 11:30am to 12:30pm
	Dr.Mehwish Fatima M.B.B.S,F.C.P.S	Mon,Tues,Thurs	9:30am to 12:00am
	Dr.Shahnaz Bibi M.B.B.S,F.C.P.S	Wed, Fri & Sat	10:00am to 1:00pm
	Dr.Samra Kashif M.B.B.S,F.C.P.S.	Tues, Thurs & Sat	3:00pm to 5:00pm
	Dr.Zubaida Masood M.B.B.S,M.C.P.S,F.C.P.S.	Tues,Thurs,Sat	6:00pm to 8:00pm
Orthopedics	Dr. Ghulam Abbas Jafri (MBBS, FCPS)	Thurs & Sat Mon, Tues , Wed, Fri	10:00am to 1:00pm 2:00pm to 4:00pm
	Dr.Mahmood Askari M.B.B.S,F.C.P.S.	Tues,Thurs & Fri	5:00pm to 7:00pm
	Dr. Mirza Mohsin Jah M.B.B.S,F.C.P.S. (Ortho), F.R.C.S.	Mon, Tues , Wed, Fri Thurs & Sat Sunday	10:00am to 1:00pm 2:00pm to 4:00pm 11:00am to 12:00am
Ophthalmology (Eye Clinic)	Dr.Adil Saleem M.B.B.S, FCPS	Tues,Thurs & Fri	2:00pm to 4:00pm
	Dr.Munawar Hussain M.B.B.S, M.S, F.C.P.S	Mon,Wed, Sat	5:30pm to 7:00pm
Oncology	Dr.Asgar.H Asghar M.B.B.S,M.S.C.,F.C.P.S.	Mon, wed, Fri	3:00pm to 4:00pm
	Dr Shakeel Amanullah MD-Oncology	Mon, wed, Fri	3:00pm to 4:00pm
Pulmonology (Chest Specialist)	Dr.Asmoonii Younus M.B.B.S,F.C.P.S.(Pulmonology)	Tuesday to Friday Monday	10:00am to 12:00am 9:30am to 11:00am
Gastroenterology	Dr. Muhammad Mansoor Ul Haq M.B.B.S, F.C.P.S.(Gen. Med), F.C.P.S. (Gastro)	Friday	4:30pm to 5:30pm
	Dr.Muhammad Shoaib Siddique M.B.B.S,F.C.P.S. (Gastro)	Mon to Saturday	10:30am to 12:30pm
	Dr.Shahid Karim MBBS,MCPS, MACG, FCPS(Med),F.C.P.S.(Gastro)	Tues,Thurs,Sat	3:00pm to 5:00pm
	Dr. Sajjad Jamil M.B.B.S,M.C.P.S, F.C.P.S.(Gen.Med), FCPS (Gastro)	Mon & Wed	3:30pm to 5:00pm
ENT	Prof. Dr. Ausaf Ahmed Khan MBBS, DLO, FCPS	Mon,Wed,Thurs,Sat	4:00pm to 6:00pm
	Dr.Nabeel Humayun M.B.B.S.F.C.P.S	Monday to Friday	2:30pm to 3:30pm
	Dr. Zafar Mahmood (MBBS, DLO,FCPS)	Mon,Wed,Sat Tue,Fri	11:00am to 1:00pm 5:00pm to 7:00pm
Dental	Dr. Humaira Ahmed Ansari B.D.S, R.D.S	Monday to Saturday Sunday	9:00am to 4:00pm 11:00am to 1:00pm
	Dr.Muhammad Yasir Ilyas B.D.S, R.D.S	Monday to Saturday	7:00pm to 8:30pm
	Dr.Sharjeel Bashir (B.D.S, R.D.S)	Mon to Saturday	4:00pm to 6:30Pm
	Dr.Vijay Kumar (B.D.S, R.D.S)	Monday to Saturday	12:00pm to 4:00pm
MaxilloFacial Sugery	Dr.Abdul Hafeez Shaikh B.D.S, F.C.P.S.(MaxilloFacial), M.Phil	Mon, Wed, Fri	2:30pm to 6:30pm
	Dr Humayun Kalim Siddiqui B.D.S,F.C.P.S. (Maxillofacial)	Tuesday & Thursday	2:30pm to 4:00pm
	Dr. Sufyan Ahmed B.D.S,F.C.P.S. (Maxillofacial)	Mon, Wed, Fri	5:00pm to 6:00pm

Speciality	Consultant Name	Days	Timing
Pshychiatrist	Dr.Shakil Ahmed Siddiqui (MBBS,M.D,DABPI (USA) Phychiatry)	Monday to Friday	9:00am to 11:00am
Neurology	Dr. Dileep Kumar MBBS, FCPS (Neurology)	Mon, Wed, Fri	3:00pm to 5:00pm
	Dr.Naseer Ahmed M.B.B.S,FC.P.S. Neurology	Thurs & Sat	2:30pm to 4:00pm
	Dr. Naeem Ullah Bullo MBBS,FCPS Neurology	Tues,Thurs,Sat	5:00pm to 7:00pm
Neuro Surgery	Dr. Ahmed Nadeem Usmani	Thurs & Saturday	2:00pm to 4:00pm
	Dr.Faiq Ali (M.B.B.S,FC.PS)	Mon,Sat	6:00pm to 8:00pm
	Dr. Ramesh Kumar M.B.B.S, FC.PS,	Wed, Thur	6:00pm to 8:00pm
Nephrology	Dr.Abdul Rehman Qureshi M.B.B.S,F.C.P.S.(Nephrology)	Mon,Thurs & Sat Tues,Wed & Fri	10:00am to 11:00am 3:00pm to 4:00pm
	Dr. Naila Asif M.B.B.S,M.C.P.S,FC.P.S	Mon,Tues,Thurs,Sat Friday	2:00pm to 3:00pm 2:30pm to 3:30pm
Plastic Surgery	Dr Tahir Shaikh M.B.B.S,FR.C.S.	Tuesday & Saturday	10:00am to 11:00am
	Dr. Syed Aaqil Shah M.B.B.S, FC.PS	Tuesday & Friday	6:00pm to 7:00pm
Dermatology (Skin Specialist)	Dr. Mariyam Naushad Hussain M.B.B.S, (F.C.PS)	Tues, Thurs & Sat	5:00pm to 6:30pm
	Dr.Zafar Alam M.B.B.S,D.DS(UK),M.S(UK), F.CS(UK) M.S(Dermatology-UK),F.C.S(UK)	Mon,Wed,Fri Sunday	4:00pm to 6:00pm 11:00am to 1:00pm
Hematology	Dr.Shoukat Ali M.B.B.S, American Diplomate	Monday to Saturday	10:00am to 11:00am
Nutrition	Ms. Faiza Shoab (MSC Nutrition)	Monday to Saturday	10:00am to 12:00am
Occupational Therapist	Ms.Neelum Zehra	Monday to Saturday Sunday	6:00pm to 7:00pm 11:00am to 1:00pm



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